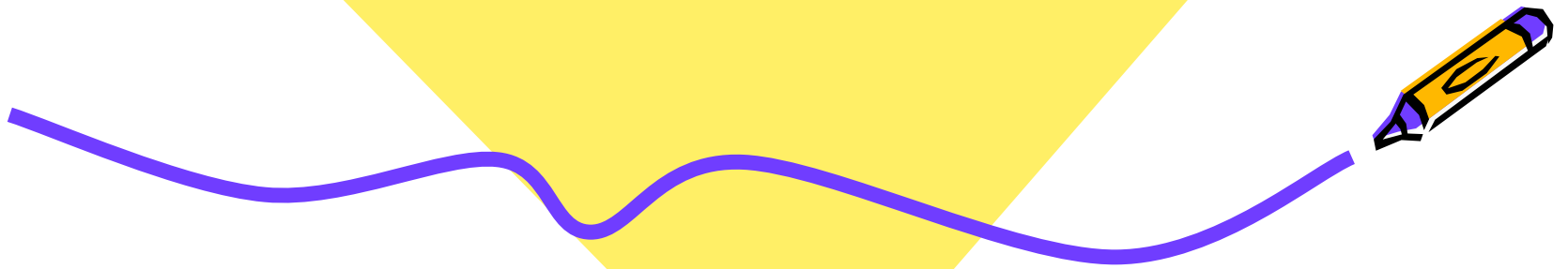


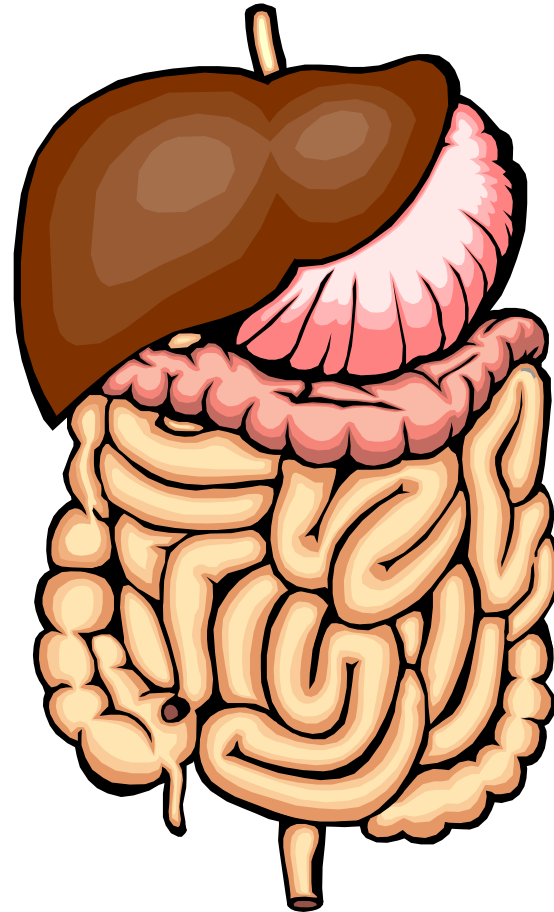


The Digestive System



Components

- Esophagus
- Stomach
- Small Intestine
- Large Intestine
- Gall bladder
- Liver
- Pancreas



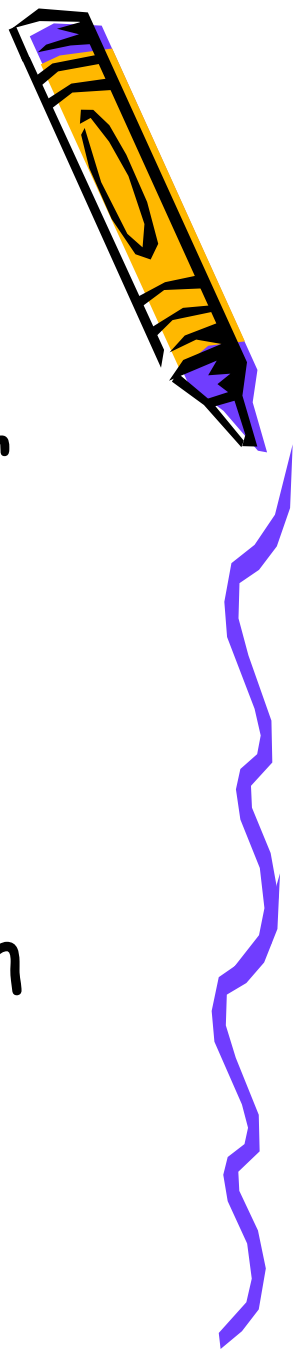
Esophagus

- the tube that connects your mouth and your stomach

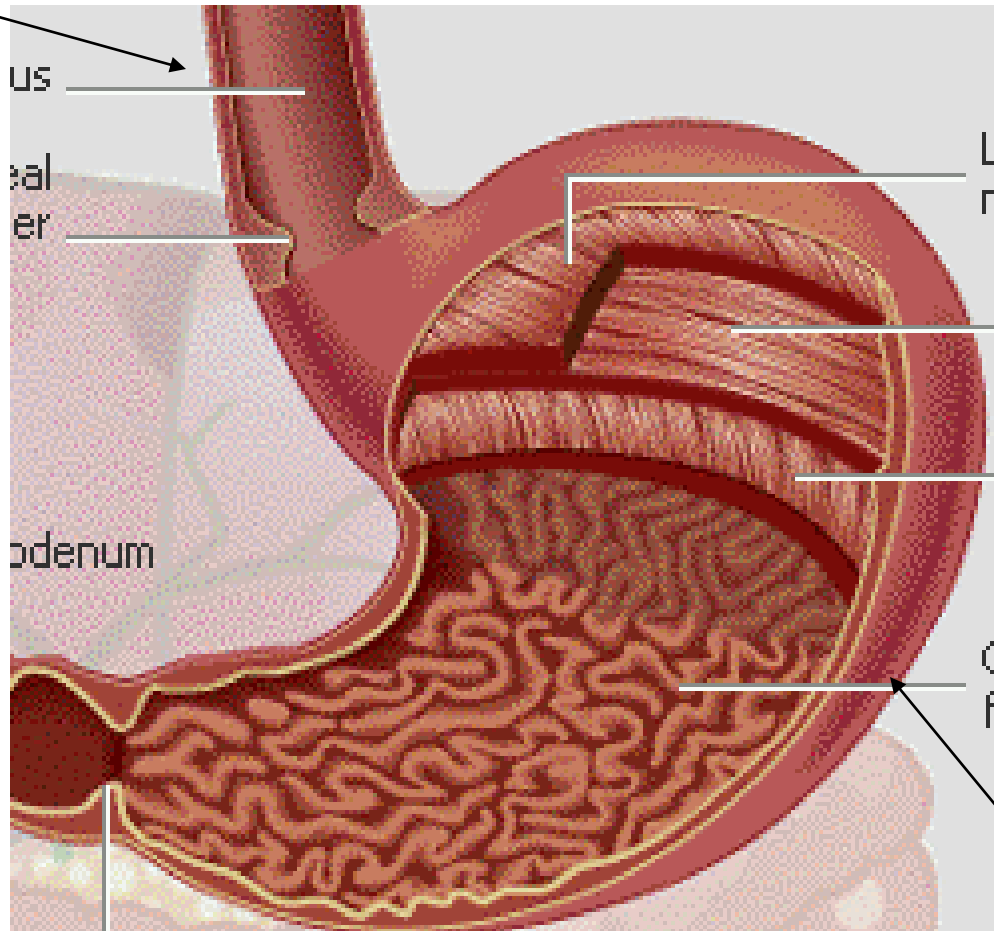


Stomach

- A stretchy bag that holds your food after you eat
- Helps to break food into smaller pieces so your body can use it for energy and nutrition



Esophagus



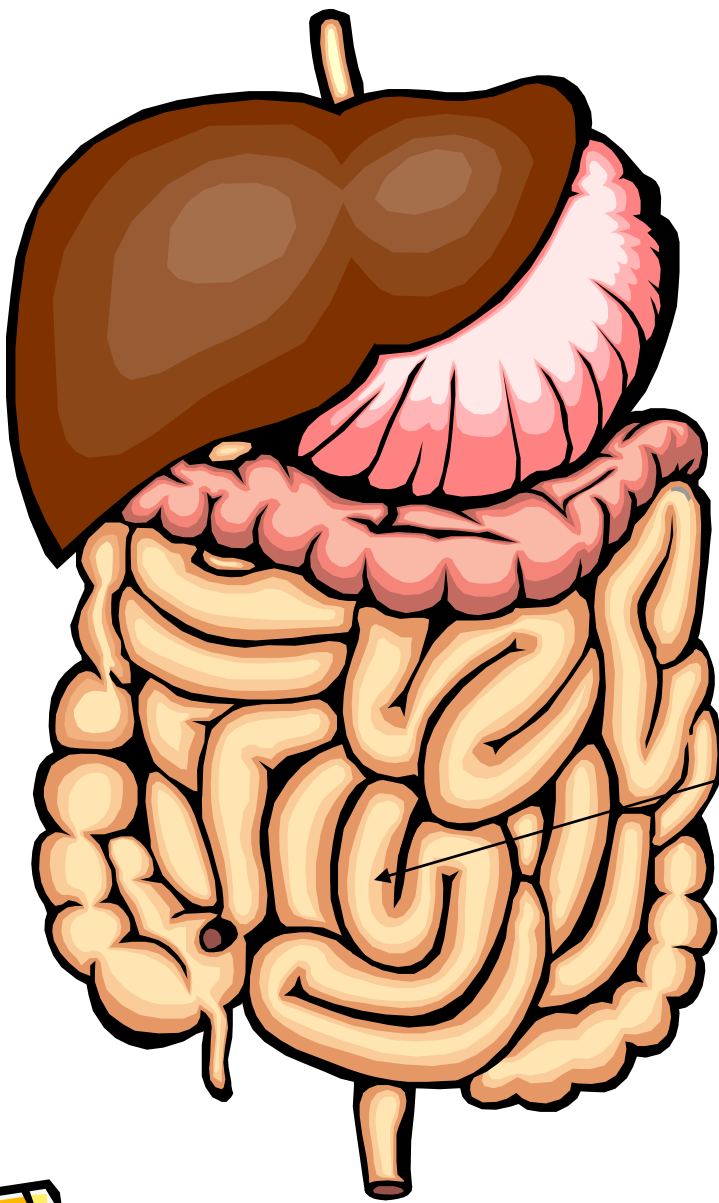
Stomach



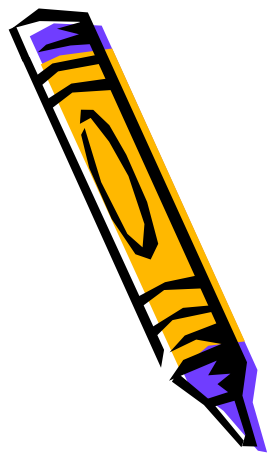
Small Intestine

- Tube that is 20 feet long.
- Continues to digest food
- Food stays in your small intestine for 4 to 8 hours

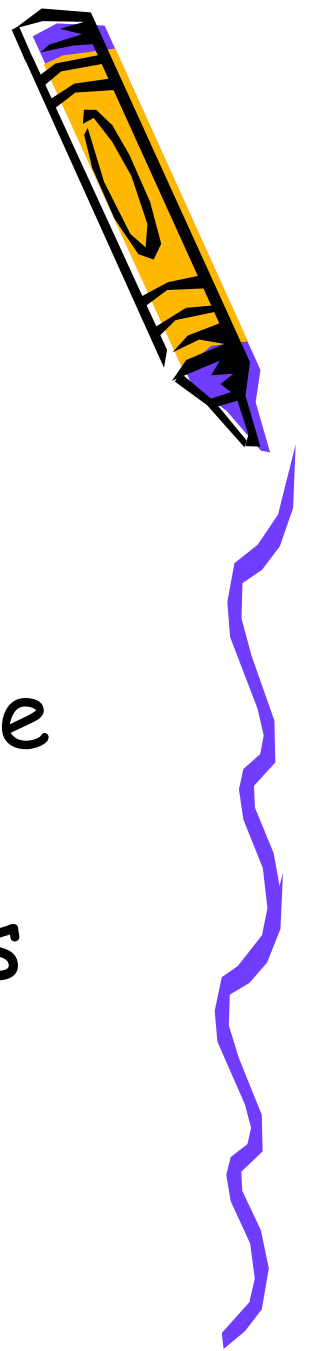




Small
Intestine

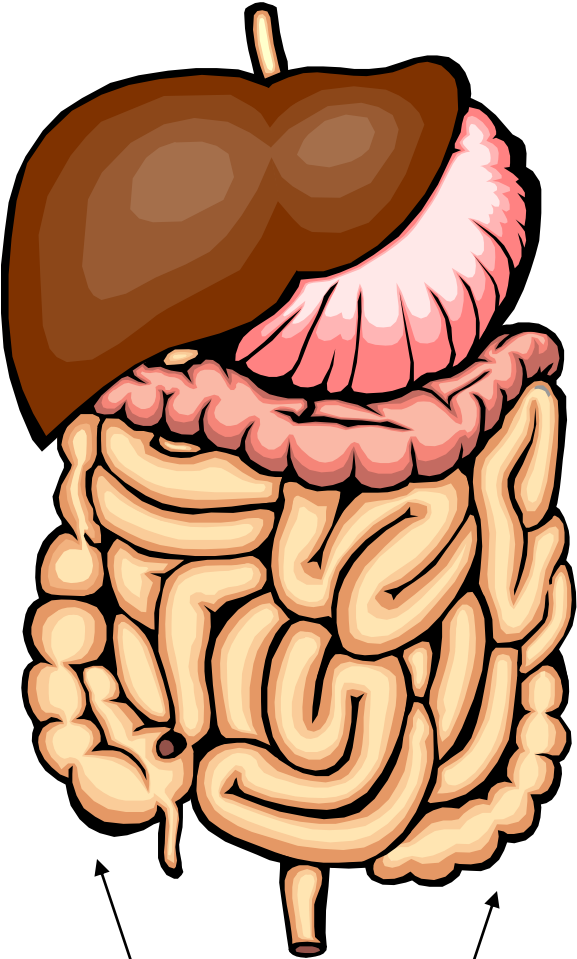


Large Intestine



- Tube that is 5 feet long
- Gets waste from small intestine
- Waste stays for 10 to 12 hours





Large Intestine

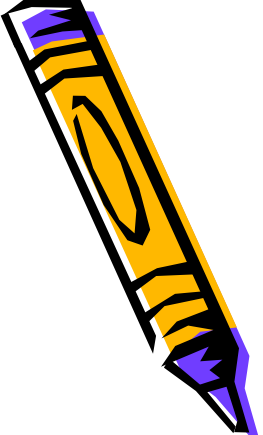
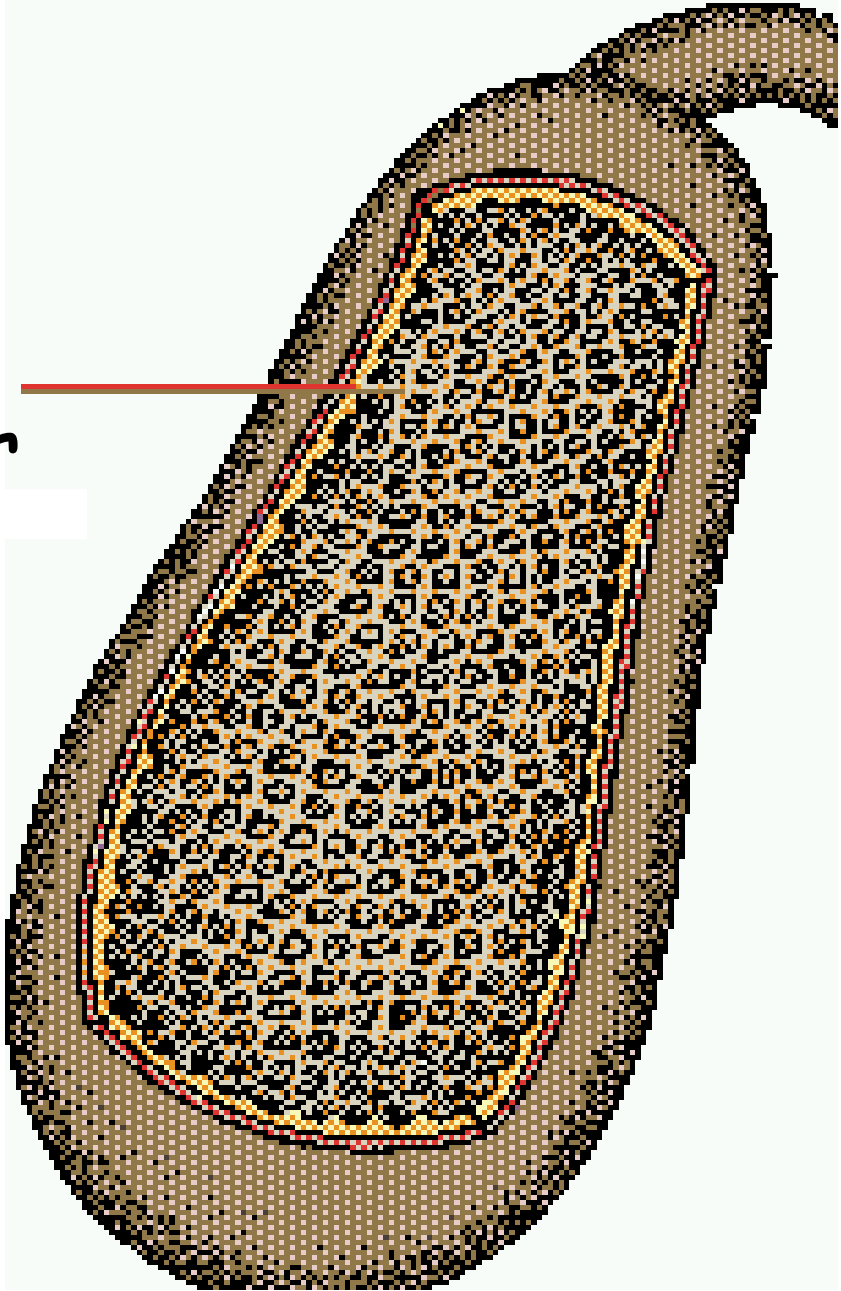


Gall Bladder

- Storage tank for bile (a greenish-yellow liquid) that helps your body break down and use fats
- Located under your liver
- Shaped like a pear



Gall
Bladder



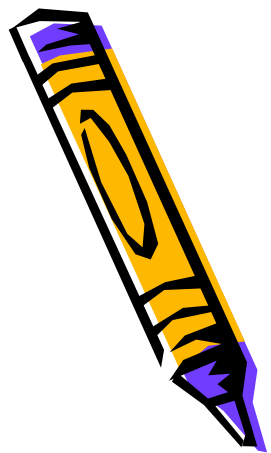
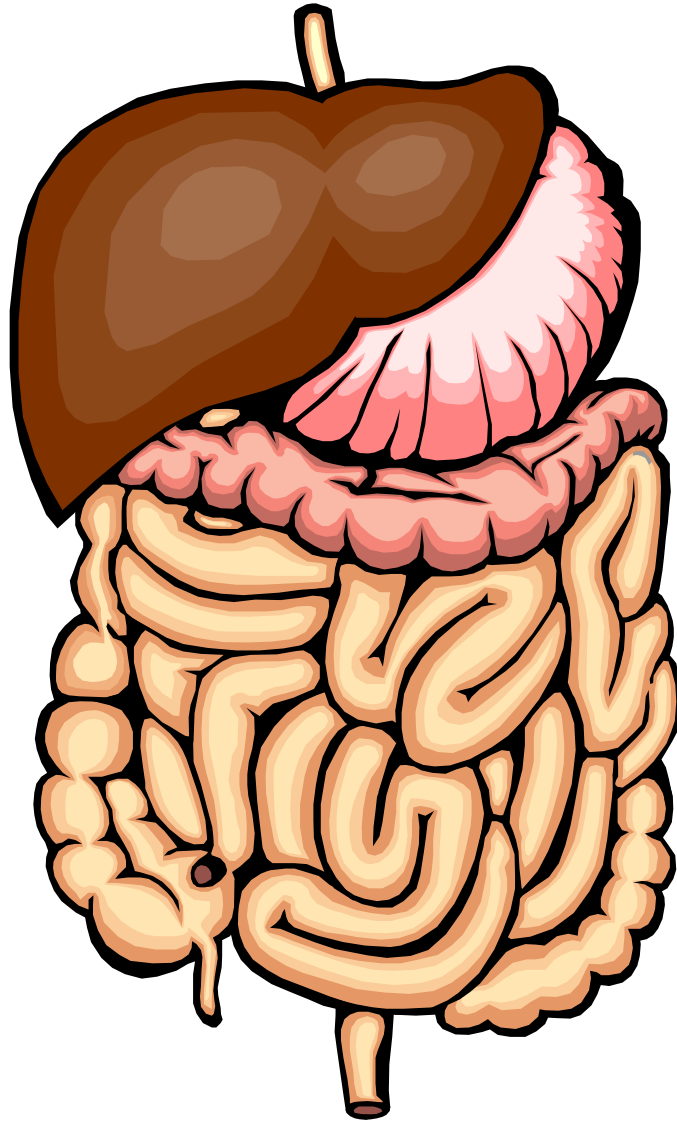
Liver



- Factory for antibodies and bile
- Stores vitamins and sugars until your body needs them

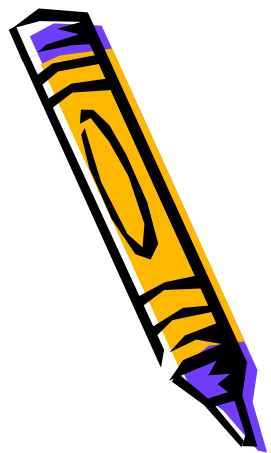
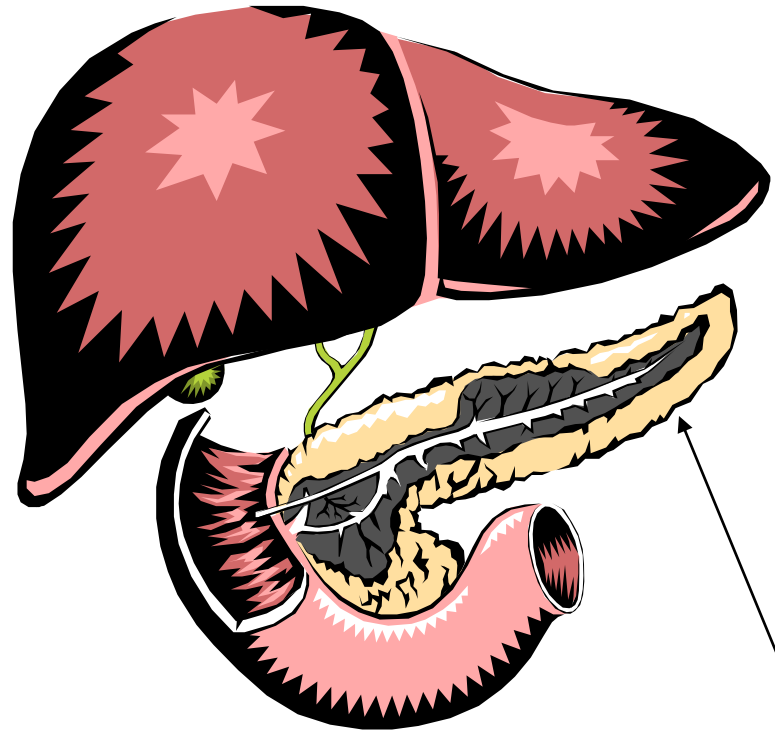


Liver



Pancreas

- Helps you digest food by breaking down sugars



Functions

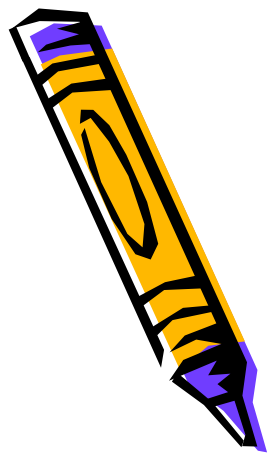


- Digest the food we eat
- Take the nutrients out of your food so your body can use it

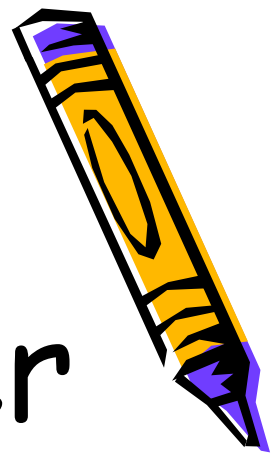
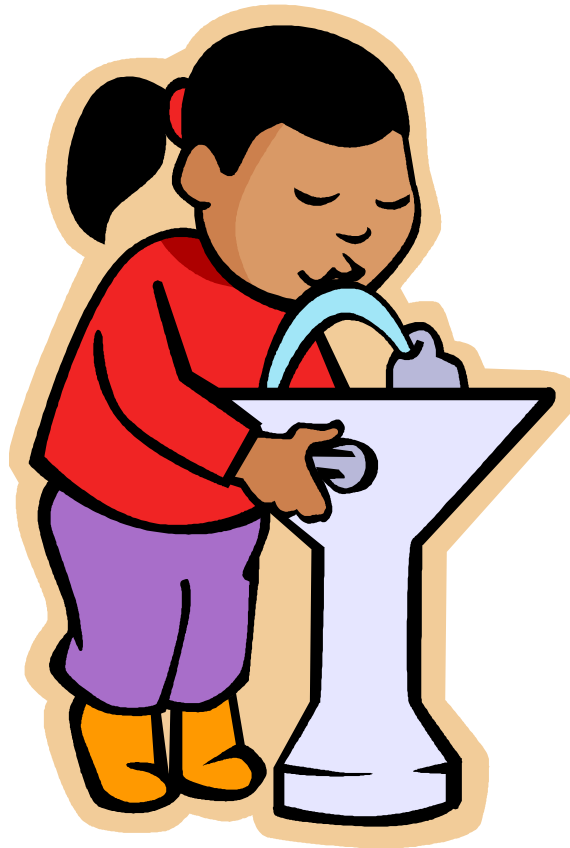


Healthy Habits

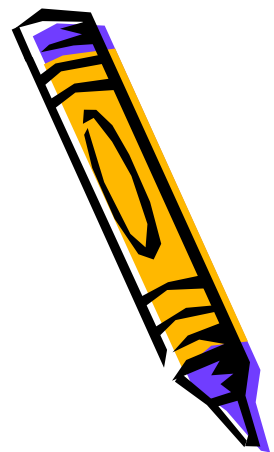
- Eat foods that are high in fiber like fruits and vegetables



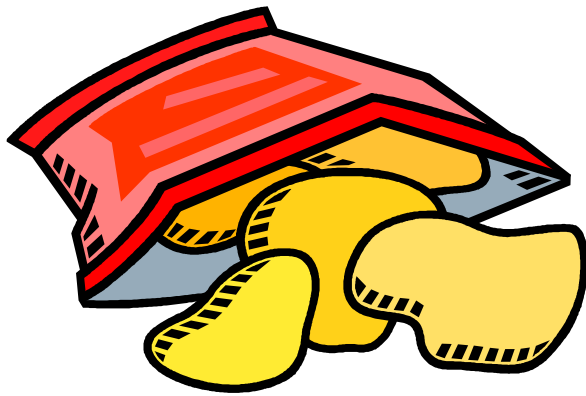
- Drink plenty of water



- Chew your food completely before you swallow



Avoid foods high in fat

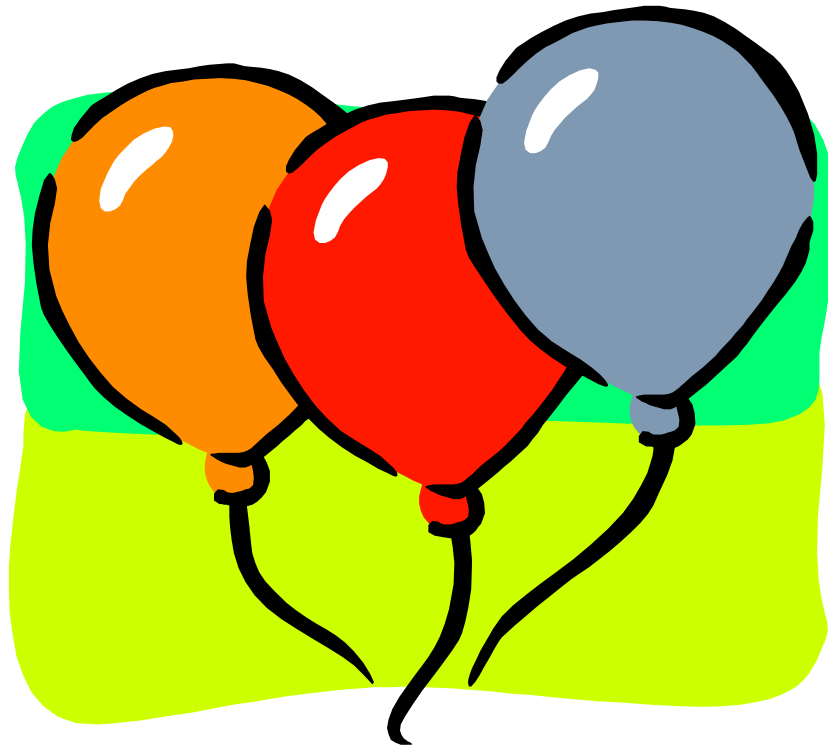
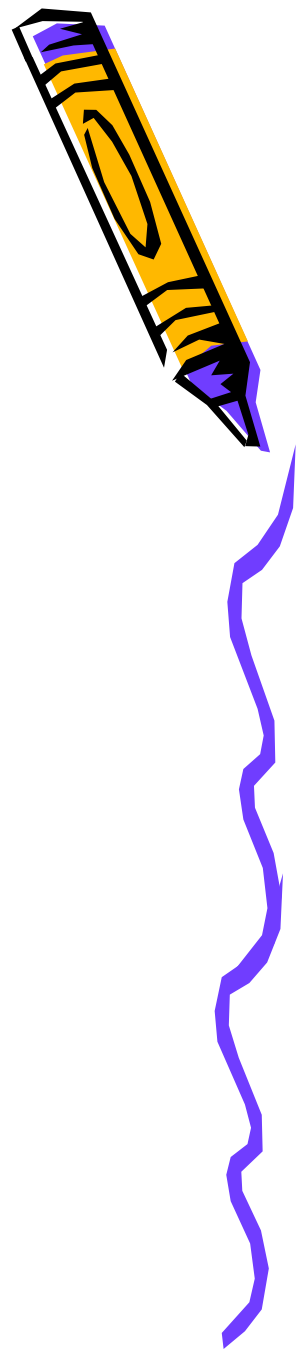


Interesting Facts

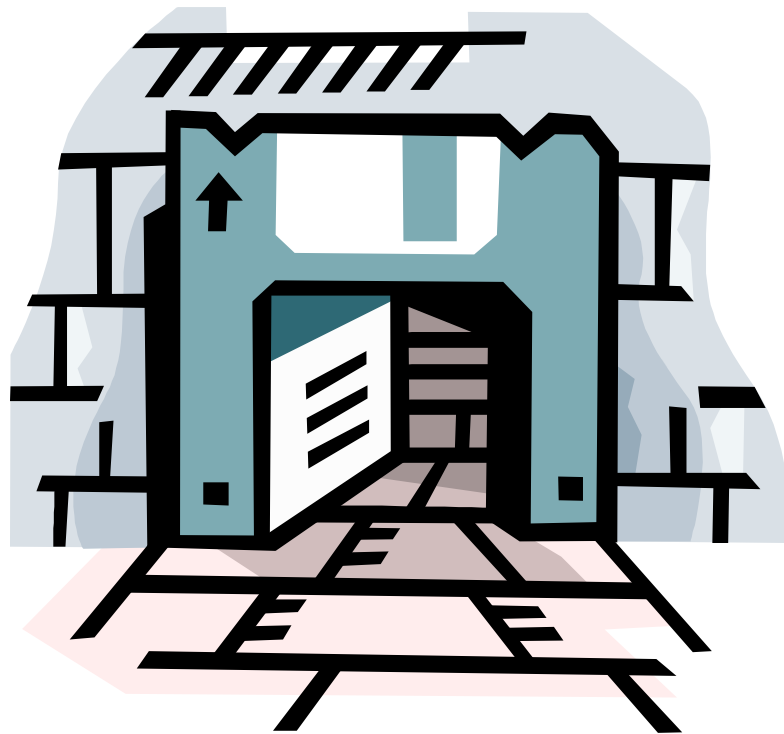
- Food is in your digestive system for about 24 hours



- Your stomach stretches when you eat like a balloon being filled with air



- You have a trap door called the epiglottis to cover your windpipe when you swallow.



- Your stomach mashes your food the way a baker kneads dough for bread.



Summary

Functions

- Digests food
- Absorbs nutrients for the body

Components

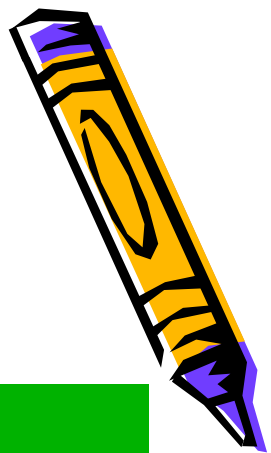
- Esophagus
- Stomach
- Small intestine
- Large intestine
- Pancreas
- Liver
- Gall Bladder



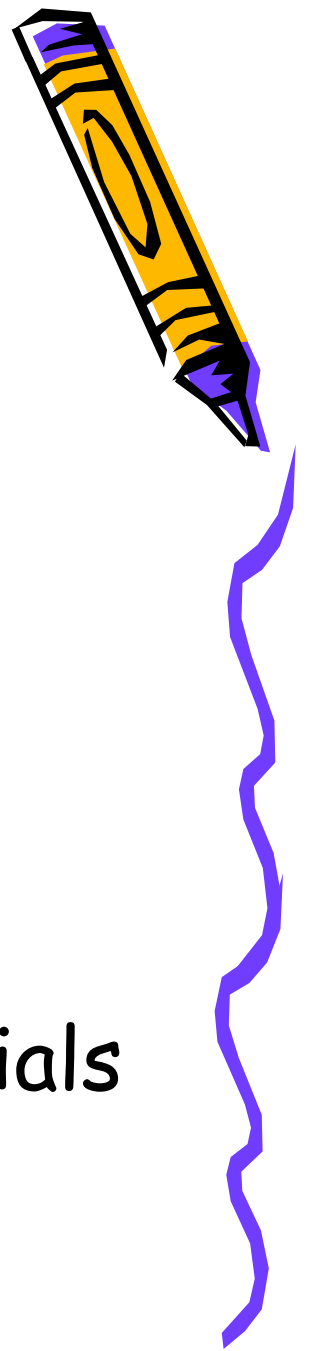
Summary

Healthy Habits

- Eat high fiber foods
- Drink lots of water
- Chew food well
- Avoid high-fat foods



Works Cited



- Microsoft ClipArt
- Microsoft Encarta Encyclopedia
- My Body: Teacher Created Materials

